

14th January 2021

Dear Parents/ Carers

I recently updated you on the temporary pause of confirmatory PCR tests. As a reminder, you are only asked to take a follow up PCR test, after a positive LFD test, if you:

- wish to claim the Test and Trace Support Payment
- have been advised to take a PCR test because you are in a clinically vulnerable group
- have been advised to do so as part of a research or surveillance programme
- have received a positive day 2 LFD after arriving into the UK

If anyone has any of the main symptoms of COVID-19, you are strongly advised to take a PCR test, not an LFD test. If someone with symptoms has already taken an LFD test for any reason and the result is positive, they do not need to take a follow-up PCR test, and will then be required to follow the self isolation rules in the link at the end of this letter.

**There will be further changes made to self isolation rules from Monday the 17th January 2022.**

From this date, people with COVID-19 in England can end their self-isolation after 5 full days, as long as they test negative on day 5 and day 6.

**It is crucial that people isolating with COVID-19 wait until they have received 2 negative rapid lateral flow tests on 2 consecutive days to reduce the chance of still being infectious.**

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The first test must be taken **no earlier than day 5** of the self-isolation period, and the second must be taken the following day. If an individual is positive on day 5, then a negative test is required on day 6 and day 7 to release from isolation.

It is essential that 2 negative rapid lateral flow tests are taken on consecutive days and reported before students return to school, if leaving self-isolation earlier than the full 10-day period.

For instance, if an individual is positive on day 5, then a negative test is required on both day 6 and day 7 to release from self-isolation, or positive on day 6, then a negative test is required on days 7 and 8, and so on until the end of day 10 at which point no further LFD tests are required.

Please see the full guidance in the link below.

<https://www.gov.uk/government/news/self-isolation-for-those-with-covid-19-can-end-after-five-full-days-following-two-negative-lfd-tests>.

Thank you for your continued support in this ever changing environment.

Yours sincerely

A handwritten signature in black ink that reads 'Anne Davis'.

Mrs Anne Davis  
Principal



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